

# CURVATURE INTEGRAL ESTIMATES FOR COMPLETE HYPERSURFACES

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*Dedicated to Professor Manfredo do Carmo on the occasion of his 80th birthday.*

ABSTRACT. We consider the integrals of the  $r$ -mean curvatures  $S_r$  of a complete hypersurface  $M$  in the space form  $\mathbb{Q}_c^{n+1}$ . Among other results, we prove that  $\int_M S_r dM = \infty$  for a complete properly immersed hypersurfaces in a space form with  $S_r \geq 0$ ,  $S_r \not\equiv 0$  and  $S_{r+1} \equiv 0$  for some  $r \leq n - 1$ .

## 1. Introduction

Let  $M^n$  be a complete orientable hypersurface immersed in the space form  $\mathbb{Q}_c^{n+1}$  of constant sectional curvature  $c$ . We denote by  $A$  and  $\lambda_1, \dots, \lambda_n$  the second fundamental operator and the eigenvalues of  $A$ , respectively. It is well known that the  $r$ -mean curvature at a point  $p$  is defined by

$$H_r(p) = \frac{1}{\binom{n}{r}} \sum_{i_1 < \dots < i_r} \lambda_{i_1} \cdots \lambda_{i_r} = \frac{1}{\binom{n}{r}} S_r(p),$$

where  $S_r$  is the  $r$ -symmetric function of  $\lambda_1, \dots, \lambda_n$ , for  $1 \leq r \leq n$ , and  $H_0$  is defined to be zero and  $H_r = 0$ , for all  $r \geq n + 1$ . In particular, for  $r = 1$ ,  $H_1 = H$  is the mean curvature.

We define the  $r$ -area of a domain  $D \subset M$  by

$$\mathcal{A}_r(D) = \int_D S_r(p) dM.$$

Then, when  $r = 0$ ,  $\mathcal{A}_0$  is the volume of  $D$ .

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In this paper, we are interested in  $r$ -areas estimates. When  $r = 0$ , it is well known that a complete properly immersed minimal hypersurface in  $\mathbb{R}^{n+1}$  has, at least, polynomial volume growth. In fact, infinity volume results hold for more general ambient spaces. Precisely, we have the following result of K. Frensel [9].

**THEOREM ([9], Theorem 1).** *Let  $M^m$  be a complete, noncompact manifold and let  $x : M^m \rightarrow N^n$  be an isometric immersion with mean curvature vector field bounded in norm. If  $N^n$  has sectional curvature bounded from above and injective radius bounded from below by a positive constant, then the volume of  $M^m$  is infinite.*

It is also true that each end of  $M$  has infinite volume under the same conditions (see [4]). These estimates have been used in studying the topology and geometric properties of minimal hypersurfaces and hypersurfaces with constant mean curvature (see for example [4], [9], [7]). It is natural to ask the following.

**QUESTION.** *Let  $M^n$  be a complete noncompact manifold and let  $x : M^n \rightarrow N^{n+1}$  be an isometric immersion such that there is a positive constant  $C$  satisfying*

$$|S_{r+1}| \leq CS_r$$

*for some  $r = 0, 1, \dots, n - 1$ . Is the  $r$ -area of  $M^n$  infinite?*

When  $r = n$ ,  $S_{r+1} = 0$ , one can find a negative answer to this question. For example, if  $M$  is a complete noncompact surface in  $\mathbb{R}^3$  with positive Gaussian curvature, then the total curvature is finite by a theorem of Cohn-Vossen. When  $r < n$  we obtain a  $r$ -area estimate and give positive answers to this question in some interesting cases.

In order to state our results we need the  $r$ th Newton transformation,  $P_r : T_p M \rightarrow T_p M$ , which is defined inductively by

$$\begin{aligned} P_0 &= I, \\ P_r &= S_r I - A \circ P_{r-1}, \quad r > 1. \end{aligned}$$

**THEOREM A (Theorem 2.8).** *Let  $\mathcal{Q}_c^{n+1}$  be a Riemannian manifold with constant sectional curvature  $c$  and let  $M^n$  be a complete noncompact properly immersed hypersurface of  $\mathcal{Q}_c^{n+1}$ . Assume that there exists a nonnegative constant  $\alpha$  such that*

$$(r + 1)|S_{r+1}| \leq (n - r)\alpha S_r$$

*for some  $r \leq n - 1$ . If  $P_r$  is positive semidefinite, then for any  $q \in M$  such that  $S_r(q) \neq 0$  and any  $\mu_0 > 0$  there exists a positive constant  $C$  depending on  $\mu_0$ ,  $q$  and  $M$  such that for every  $\mu > \mu_0$ ,*

$$A_r(\overline{B}_\mu(q) \cap M) = \int_{\overline{B}_\mu(q) \cap M} S_r dM \geq \int_{\mu_0}^\mu C e^{-\alpha\tau} d\tau,$$

where  $\overline{B}_\mu(q)$  is the ball of radius  $\mu$  and center  $q$  in  $\mathcal{Q}_c^{n+1}$ . For the case  $c > 0$ , we assume  $\mu \leq \frac{\pi}{2\sqrt{c}}$ .

As a consequence of this result we obtain the following.

**THEOREM B** (Corollary 2.9). *Let  $\mathcal{Q}_c^{n+1}$  be a Riemannian manifold with constant sectional curvature  $c \leq 0$  and let  $M^n$  be a complete noncompact properly immersed hypersurface of  $\mathcal{Q}_c^{n+1}$ . Assume that  $S_r \geq 0$ ,  $S_r \not\equiv 0$  and  $S_{r+1} \equiv 0$  for some  $r \leq n - 1$ . Then  $\int_M S_r dM = \infty$ .*

**REMARK 1.1.** The cases when  $r$  is even and  $r$  is odd are different. If  $r$  is odd and  $S_r \leq 0$ , we can change the orientation so that  $S_r \geq 0$ . But when  $r$  is even,  $S_r$  is independent of the choice of orientation. It has been proved by Gromov and Lawson that the existence of a complete metric with nonpositive scalar curvature ( $r = 2$ ) implies some topological obstructions, which is called enlargeable (see Corollary A in [11]). Enlargeable manifolds cannot carry metrics of positive scalar curvature.

Topping [18] used Sobolev inequality to get a diameter estimate in terms of the mean curvature integral. In Section 4, using his estimate we get a global estimate of the mean curvature integral.

**THEOREM C** (Theorem 4.1). *Let  $M^m$  be an  $m$ -dimensional complete noncompact Riemannian manifold isometrically immersed in  $\mathbb{R}^n$ . Then there exists a positive constant  $\delta$  depending on  $m$  such that if*

$$\limsup_{r \rightarrow +\infty} \frac{V(x, r)}{r^m} < \delta,$$

where  $V(x, r)$  denotes the volume of the geodesic ball  $B_r(x)$ , then

$$\limsup_{R \rightarrow +\infty} \frac{\int_{B_R(x)} |H|^{m-1} dM}{R} > 0.$$

In particular,  $\int_M |H|^{m-1} dM = +\infty$ .

For a complete noncompact surface  $M$  with finite total curvature, Cohn-Vossen theorem says that (see Theorem 6 in [6])

$$\int_M K dM \leq 2\pi\chi(M).$$

A special case of Corollary 4.3 says that if  $\int_M K dM = 2\pi\chi(M)$ , then  $\int_M |H| dM = +\infty$ .

The rest of the paper is organized as follows. In Section 2, we obtain the formulas relating the distance function and the  $r$ -mean curvature. The estimate obtained in Section 2 can be improved when  $r = 0$  and this is proved in Section 3. In Section 4, we give the proof of Theorem C.

## 2. $r$ -area estimate

Let  $x : M^n \rightarrow N^{n+1}$  be an isometric immersion of a Riemannian manifold  $M$  into a Riemannian manifold  $N$ .

In [15], Reilly showed that  $P_r$  satisfies the following

PROPOSITION 2.1 ([15], p. 224, see also [2], Lemma 2.1). *Let  $x : M^n \rightarrow N^{n+1}$  be an isometric immersion between two Riemannian manifolds and let  $A$  be the second fundamental form of  $x$ . The  $r$ th Newton transformation  $P_r$  associated to  $A$  satisfies:*

$$(2.1) \quad \text{trace}(P_r) = (n - r)S_r,$$

$$(2.2) \quad \text{trace}(A \circ P_r) = (r + 1)S_{r+1}.$$

For hypersurfaces with bounded mean curvature, the Laplacian of the intrinsic distance to a fixed point of  $M$  played an important role in the proof of Frensel's estimate of the volume of  $M$ . In the case of  $H_r$  bounded, with  $r > 1$ , we used another second order differential operator defined on  $M$ , which seems to be natural for this problem. Associated to each Newton transformation  $P_r$ , if  $f : M \rightarrow \mathbb{R}$  is a smooth function, we define

$$L_r(f) = \text{trace}(P_r \circ \text{Hess } f).$$

These operators are, in a certain sense, generalizations of the Laplace operator since  $L_0(f) = \text{trace}(\text{Hess } f) = \Delta f$ . They were introduced by Voss [19] in connection with variational arguments. In general, these operators are not elliptic and some conditions are necessary to ensure the ellipticity. For completeness, we include here some useful facts.

PROPOSITION 2.2 ([8], Lemma 3.10). *Let  $N^{n+1}$  be an  $(n + 1)$ -dimensional oriented Riemannian manifold and let  $M^n$  be a connected  $n$ -dimensional orientable Riemannian manifold. Suppose  $x : M \rightarrow N$  is an isometric immersion. If  $H_2 > 0$ , then the operator  $L_1$  is elliptic.*

PROPOSITION 2.3 ([5], Proposition 3.2). *Let  $N^{n+1}$  be an  $(n + 1)$ -dimensional oriented Riemannian manifold and let  $M^n$  be a connected  $n$ -dimensional orientable Riemannian manifold (with or without boundary). Suppose  $x : M \rightarrow N$  is an isometric immersion with  $H_r > 0$  for some  $1 \leq r \leq n$ . If there exists an interior point  $p$  of  $M$  such that all the principal curvatures at  $p$  are non-negative, then for all  $1 \leq j \leq r - 1$ , the operator  $L_j$  is elliptic, and the  $j$ -mean curvature  $H_j$  is positive.*

We need the following proposition which is essentially the content of Lemma 1.1 and equation (1.3) of [12]. We include here with a direct proof.

PROPOSITION 2.4. *Let  $M^n \rightarrow N^{n+1}$  be an isometric immersion. Suppose that  $S_{r+1}(p) = 0$ , for some  $r$ ,  $0 \leq r < n$ . Then  $P_r$  is semidefinite at  $p$ .*

*Proof.* Consider  $S_r = S_r(\lambda_1, \dots, \lambda_n)$ . Then  $\frac{\partial S_r}{\partial \lambda_i}$  are the eigenvalues of  $P_r$ . Let  $(\lambda_1^0, \dots, \lambda_n^0)$  be the principal curvatures of  $M$  at  $p$ . Hence

$$S_{r+1}(\lambda_1^0, \dots, \lambda_n^0) = 0.$$

We choose  $\epsilon = \min_{\lambda_i^0 \neq 0} \{1, |\lambda_i^0|\}$ . Then, for all  $(\epsilon_1, \dots, \epsilon_n)$  with  $\epsilon_i \in (0, \epsilon)$ ,  $S_{r+1}(\lambda_1^0 + \epsilon_1, \dots, \lambda_n^0 + \epsilon_n)$  does not change sign. This implies that  $\frac{\partial S_r}{\partial \lambda_i} \geq 0$  for all  $i = 1, \dots, n$  or  $\frac{\partial S_r}{\partial \lambda_i} \leq 0$  for all  $i = 1, \dots, n$ . Thus  $P_r$  is semidefinite at  $p$ .  $\square$

Let  $M^n$  and  $N^{n+1}$  be Riemannian manifolds and let  $x : M^n \rightarrow N^{n+1}$  be an isometric immersion. Henceforth, we shall tacitly make the usual identification of  $X \in T_p M$  with  $dx_p(X)$ . In particular, if  $F : N \rightarrow \mathbb{R}$  is smooth and we consider the composition  $f = F \circ x$ , then we have at  $p \in M$ , for every  $X \in T_p M$ :

$$\langle \text{grad}_M f, X \rangle = df(X) = dF(X) = \langle \text{grad}_N F, X \rangle,$$

where  $\text{grad}_M$  and  $\text{grad}_N$  denote the gradient on  $M$  and the gradient on  $N$ , respectively. So that

$$(2.3) \quad \text{grad}_N F = \text{grad}_M f + (\text{grad}_N F)^\perp,$$

where  $(\text{grad}_N F)^\perp$  is perpendicular to  $T_p M$ . Let  $F : N \rightarrow \mathbb{R}$  be a  $C^2$  function and denote  $f : M \rightarrow \mathbb{R}$  the function induced by  $F$  by restriction, that is  $f = F \circ x$ . We have the following.

**LEMMA 2.5.** *Let  $x : M^n \rightarrow N^{n+1}$  be an isometric immersion. Let  $F : N \rightarrow \mathbb{R}$  a smooth function and consider  $f = F \circ x : M \rightarrow \mathbb{R}$ . For an orthonormal frame  $\{e_i\}$  on  $M$ , we have*

$$(2.4) \quad L_r f = \sum_{i=1}^n \text{Hess}_N(F)(e_i, P_r(e_i)) + (r+1)S_{r+1} \langle \text{grad}_N F, \eta \rangle,$$

where  $\eta$  denotes the normal vector field of the immersion and  $\text{grad}_N$  is the gradient of  $N$ .

*Proof.* Let  $\nabla$  and  $\bar{\nabla}$  be the connections of  $M$  and  $N$ , respectively. If  $\alpha$  denotes the second fundamental form of the immersion, Gauss' equation and equations (2.2) and (2.3) imply that

$$\begin{aligned} L_r f &= \sum_{i=1}^n \langle \nabla_{e_i}(\text{grad}_M f), P_r(e_i) \rangle \\ &= \sum_{i=1}^n \langle \bar{\nabla}_{e_i}(\text{grad}_M f) - [\bar{\nabla}_{e_i}(\text{grad}_M f) - \nabla_{e_i}(\text{grad}_M f)], P_r(e_i) \rangle \\ &= \sum_{i=1}^n \langle \bar{\nabla}_{e_i}(\text{grad}_M f) - \alpha(e_i, \text{grad}_M f), P_r(e_i) \rangle \end{aligned}$$

$$\begin{aligned}
&= \sum_{i=1}^n \langle \bar{\nabla}_{e_i}(\text{grad}_M f), P_r(e_i) \rangle \\
&= \sum_{i=1}^n \langle \bar{\nabla}_{e_i}(\text{grad}_N F - (\text{grad}_N F)^\perp), P_r(e_i) \rangle \\
&= \sum_{i=1}^n \langle \bar{\nabla}_{e_i} \text{grad}_N F, P_r(e_i) \rangle - \sum_{i=1}^n \langle \bar{\nabla}_{e_i}(\text{grad}_N F)^\perp, P_r(e_i) \rangle \\
&= \sum_{i=1}^n \text{Hess}_N(F)(e_i, P_r(e_i)) - \sum_{i=1}^n \langle \bar{\nabla}_{e_i}(\langle \text{grad}_N F, \eta \rangle \eta), P_r(e_i) \rangle \\
&= \sum_{i=1}^n \text{Hess}_N(F)(e_i, P_r(e_i)) - \sum_{i=1}^n \langle \langle \text{grad}_N F, \eta \rangle \bar{\nabla}_{e_i} \eta, P_r(e_i) \rangle \\
&= \sum_{i=1}^n \text{Hess}_N(F)(e_i, P_r(e_i)) - \langle \text{grad}_N F, \eta \rangle \sum_{i=1}^n \langle -A(e_i), P_r(e_i) \rangle \\
&= \sum_{i=1}^n \text{Hess}_N(F)(e_i, P_r(e_i)) + \langle \text{grad}_N F, \eta \rangle \sum_{i=1}^n \langle e_i, AP_r(e_i) \rangle \\
&= \sum_{i=1}^n \text{Hess}_N(F)(e_i, P_r(e_i)) + \langle \text{grad}_N F, \eta \rangle \text{trace}(AP_r) \\
&= \sum_{i=1}^n \text{Hess}_N(F)(e_i, P_r(e_i)) + (r+1)S_{r+1} \langle \text{grad}_N F, \eta \rangle. \quad \square
\end{aligned}$$

Let  $c \in \mathbb{R}$ . Define the function:

$$\theta_c(t) := \int_0^t s_c(u) du,$$

where

$$(2.5) \quad s_c(t) = \begin{cases} \frac{\sin \sqrt{c}t}{\sqrt{c}}, & \text{if } c > 0; \\ t, & \text{if } c = 0; \\ \frac{\sinh \sqrt{|c|}t}{\sqrt{|c|}}, & \text{if } c < 0. \end{cases}$$

Let  $\rho$  denotes the distance function to the point  $Q$  in  $N^{n+1}$ , and  $F : N^{n+1} \rightarrow \mathbb{R}$  given by  $F(p) = \theta_c(\rho(p))$ . In this case, Lemma 2.5 with  $f = F \circ x$  and  $F = \theta_c \circ \rho$  implies the following corollary.

**COROLLARY 2.6.** *Let  $\mathcal{Q}_c^{n+1}$  be a Riemannian manifold with constant sectional curvature  $c$ . Let  $M$  be an immersed hypersurface in  $\mathcal{Q}_c^{n+1}$ . Then, for*

all  $p \in M$ ,

$$(2.6) \quad L_r(\theta_c(\rho(p))) \\ = (n-r)s'_c(\rho(p))S_r(p) + (r+1)S_{r+1}(p)s_c(\rho(p))\langle \text{grad}_{\mathcal{Q}_c^{n+1}} \rho(p), \eta \rangle.$$

In particular, when  $c=0$ ,

$$\frac{1}{2}L_r(\rho^2(p)) = (n-r)S_r(p) + (r+1)S_{r+1}(p)\rho(p)\langle \text{grad}_{\mathcal{Q}_c^{n+1}} \rho(p), \eta \rangle.$$

*Proof.* First observe that

$$(2.7) \quad \text{Hess}_{\mathcal{Q}_c^{n+1}} F(X, Y) = s'_c(\rho)\langle X, Y \rangle,$$

where  $X, Y \in T_{x(p)}\mathcal{Q}_c^{n+1}$ . In fact,

$$\begin{aligned} \text{Hess}_{\mathcal{Q}_c^{n+1}} F(X, Y) &= \text{Hess}_{\mathcal{Q}_c^{n+1}}(\theta_c(\rho)) \\ &= \langle \bar{\nabla}_X \text{grad}_{\mathcal{Q}_c^{n+1}}(\theta_c(\rho)), Y \rangle \\ &= \langle \bar{\nabla}_X s_c(\rho) \text{grad}_{\mathcal{Q}_c^{n+1}} \rho, Y \rangle \\ &= s_c(\rho) \text{Hess}_{\mathcal{Q}_c^{n+1}} \rho(X, Y) \\ &\quad + s'_c(\rho) \langle \langle \text{grad}_{\mathcal{Q}_c^{n+1}} \rho, X \rangle \text{grad}_{\mathcal{Q}_c^{n+1}} \rho, Y \rangle. \end{aligned}$$

On the other hand, see [1], p. 6,

$$\begin{aligned} \text{Hess}_{\mathcal{Q}_c^{n+1}} \rho(X, Y) &= \langle \bar{\nabla}_X \text{grad}_{\mathcal{Q}_c^{n+1}} \rho, Y \rangle \\ &= \frac{s'_c(\rho)}{s_c(\rho)} [\langle X, Y \rangle - \langle \text{grad}_{\mathcal{Q}_c^{n+1}} \rho, X \rangle \langle \text{grad}_{\mathcal{Q}_c^{n+1}} \rho, Y \rangle]. \end{aligned}$$

This concludes the proof of (2.7). Now, by using equation (2.4), we have

$$\begin{aligned} L_r f &= \sum_{i=1}^n s'_c(\rho) \langle e_i, P_r(e_i) \rangle + (r+1)S_{r+1} \langle \text{grad}_{\mathcal{Q}_c^{n+1}}(\theta_c \circ \rho), \eta \rangle \\ &= s'_c(\rho) \text{trace } P_r + (r+1)S_{r+1}s_c(\rho) \langle \text{grad}_{\mathcal{Q}_c^{n+1}} \rho, \eta \rangle. \end{aligned}$$

Finally, by using equation (2.1), we conclude the proof of equation (2.6). The case  $c=0$  follows immediately.  $\square$

It follows from Codazzi equation (see Rosenberg [16], p. 225) that  $L_r$  is a divergent form operator, that is,

$$L_r(f) = \text{div}_M(P_r \nabla f)$$

for all smooth functions  $f : M \rightarrow \mathbb{R}$ . Denote by  $B_r(Q)$  the geodesic ball of  $\mathcal{Q}_c^{n+1}$  with radius  $r$  centered at  $Q \in \mathcal{Q}_c^{n+1}$ , and by  $\bar{B}_r(Q)$  its closure. We will use the following proposition.

**PROPOSITION 2.7.** *Let  $\mathcal{Q}_c^{n+1}$  be a Riemannian manifold with constant sectional curvature  $c$  and let  $x : M^n \rightarrow \mathcal{Q}_c^{n+1}$  be an isometric immersion. For*

$Q \in \mathcal{Q}_c^{n+1}$ , we denote by  $\rho(x)$  the distance to the point  $Q \in \mathcal{Q}_c^{n+1}$  and  $\rho(x(p))$ ,  $p \in M$ , its restriction to  $M$ . If for some  $r \leq n-1$ ,  $S_r \geq 0$ , then

$$(2.8) \quad \int_{\partial D} s_c(\rho(q)) \langle P_r(\text{grad}_M \rho(q)), \nu \rangle dA \\ \geq (n-r) \int_D \left( s'_c(\rho(q)) S_r(p) - \frac{r+1}{n-r} |S_{r+1}(p)| s_c(\rho(q)) \right) dM,$$

where  $q = x(p)$ ,  $D \subset M$  is a bounded domain with nonempty boundary  $\partial D$  and  $\nu$  is the conormal vector along  $\partial D$ . In the case  $c > 0$ , we assume that  $D \subset \overline{B}_{\frac{\pi}{2\sqrt{c}}}(Q)$ .

*Proof.* Since  $|\text{grad}_{\mathcal{Q}_c^{n+1}} \rho(x(p))| \leq 1$  and  $s'_c(\rho(x(p))) \geq 0$ , from (2.6) we have

$$L_r(\theta_c(\rho(x))) \geq (n-r) \left[ s'_c(\rho) S_r - \frac{r+1}{n-r} |S_{r+1}| s_c(\rho) \right].$$

Integrating this inequality, we get

$$(2.9) \quad \int_D L_r(\theta_c(\rho(x))) dM \\ \geq (n-r) \int_D \left[ s'_c(\rho(x)) S_r - \frac{r+1}{n-r} |S_{r+1}| s_c(\rho(x)) \right] dM.$$

On the other hand, we have that

$$\int_D L_r(\theta_c(\rho(x))) dM = \int_D \text{div} P_r(\text{grad}_M(\theta_c(\rho(x(p)))) dM \\ = \int_D \text{div}(s_c \rho(x(p)) P_r(\text{grad}_{\mathcal{Q}_c^{n+1}} \rho)^\top) dM \\ = \int_{\partial D} s_c(\rho(x)) \langle P_r((\text{grad}_{\mathcal{Q}_c^{n+1}} \rho)^\top), \nu \rangle dA,$$

where  $\nu$  denotes the outward unit normal vector field on  $\partial D$ . Therefore, if  $q = x(p)$ ,

$$\int_{\partial D} s_c(\rho(q)) \langle P_r((\text{grad}_{\mathcal{Q}_c^{n+1}} \rho(q))^\top), \nu \rangle dA \\ \geq (n-r) \int_D \left[ s'_c(\rho(x)) S_r - \frac{r+1}{n-r} |S_{r+1}| s_c(\rho(x)) \right] dM,$$

and the proposition is proved.  $\square$

We would like to point out that the above proposition is valid for a more general class of domains. For instance, it is valid in the setting of Gauss–Green Theorem (see [10], p. 478). In particular, if we take  $D$  to be the intersection of the extrinsic ball with  $M$  i.e.  $D = \overline{B}_\mu \cap M$  in Proposition 2.7, we have the following

**THEOREM 2.8.** *Let  $\mathcal{Q}_c^{n+1}$  be a Riemannian manifold with constant sectional curvature  $c$  and let  $M^n$  be a complete noncompact properly immersed hypersurface of  $\mathcal{Q}_c^{n+1}$ . Assume that there exists a nonnegative constant  $\alpha$  such that*

$$(2.10) \quad (r + 1)|S_{r+1}| \leq (n - r)\alpha S_r$$

for some  $r \leq n - 1$ . If  $P_r$  is positive semidefinite, then for any  $q \in M$  such that  $S_r(q) \neq 0$  and any  $\mu_0 > 0$ , there exists a positive constant  $C$  depending on  $\mu_0, q$  and  $M$  such that for every  $\mu > \mu_0$ ,

$$A_r(\overline{B}_\mu(q) \cap M) = \int_{\overline{B}_\mu(q) \cap M} S_r dM \geq \int_{\mu_0}^\mu C e^{-\alpha\tau} d\tau,$$

where  $\overline{B}_\mu(q)$  is the ball of radius  $\mu$  and center  $q$  in  $\mathcal{Q}_c^{n+1}$ . For the case  $c > 0$ , we assume  $\mu \leq \frac{\pi}{2\sqrt{c}}$ .

*Proof.* We use the notation introduced in Proposition 2.7. Take  $D_\tau = \overline{B}_\tau(q) \cap M$ ,  $\mu \leq 2\pi/\sqrt{c}$ , if  $c > 0$ . Since the immersion is proper, we have that  $\partial D_\tau \neq \emptyset$ , for all  $0 < \tau < \mu$ . Thus, by using (2.10) in equation (2.8), we obtain that

$$(2.11) \quad \begin{aligned} & \int_{\partial D_\mu} s_c(\rho(x)) \langle P_r(\text{grad}_M \rho), \nu \rangle dA \\ & \geq (n - r) \int_{D_\mu} (s'_c(\rho(x)) - \alpha s_c(\rho(x))) S_r dM \\ & = (n - r) \int_0^\mu \int_{\partial D_\tau} \frac{s'_c(\rho(x)) - \alpha s_c(\rho(x))}{s_c(\rho(x))} \\ & \quad \times s_c(\rho(x)) |\text{grad}_M \rho|^{-1} S_r dA d\tau, \end{aligned}$$

where we have used the co-area formula (see [3], p. 80). Observe that the conormal vector  $\nu$  to  $\partial D_\tau$  is parallel to  $\text{grad}_M \rho$ . This fact together with the fact that  $P_r$  is positive semidefinite, imply the following:

$$\langle P_r(\text{grad}_M \rho), \nu \rangle \leq \text{trace}(P_r) |\text{grad}_M \rho| = (n - r) S_r |\text{grad}_M \rho|.$$

Using the above equation and the fact that along  $\partial D_\tau$ ,  $\rho(x) = \tau$ , we get

$$(2.12) \quad \begin{aligned} & \int_{\partial D_\mu} s_c(\rho(x)) |\text{grad}_M \rho| S_r dA \\ & \geq \int_0^\mu \frac{s'_c(\tau) - \alpha s_c(\tau)}{s_c(\tau)} \int_{\partial D_\tau} s_c(\rho(x)) |\text{grad}_M \rho|^{-1} S_r dA d\tau. \end{aligned}$$

Now we define

$$\varphi(\tau) = \int_{\partial D_\tau} s_c(\rho(x)) |\text{grad}_M \rho|^{-1} S_r dA.$$

Since  $|\operatorname{grad}_M \rho| \leq 1$ , equation (2.12) implies

$$\varphi(\mu) \geq \int_0^\mu \frac{s'_c(\tau) - \alpha s_c(\tau)}{s_c(\tau)} \varphi(\tau) d\tau.$$

By writing

$$\phi(\mu) = \int_0^\mu \frac{s'_c(\tau) - \alpha s_c(\tau)}{s_c(\tau)} \varphi(\tau) d\tau,$$

one finds

$$\phi'(\mu) \geq \frac{s'_c(\mu) - \alpha s_c(\mu)}{s_c(\mu)} \phi(\mu).$$

Thus, by integrating from  $\mu_0 > 0$  to  $\mu$ , the above differential inequality arises

$$\ln \frac{\phi(\mu)}{\phi(\mu_0)} \geq \ln \left( \frac{s_c(\mu)}{s_c(\mu_0)} \right) - \alpha(\mu - \mu_0) = \ln \left( \left( \frac{s_c(\mu)}{s_c(\mu_0)} \right) e^{-\alpha(\mu - \mu_0)} \right).$$

Hence,

$$\phi(\mu) \geq \frac{\phi(\mu_0)}{s_c(\mu_0)} s_c(\mu) e^{-\alpha\mu}.$$

Define

$$f(\mu) = \int_{D_\mu} S_r dM.$$

Again, by the co-area formula, it follows that

$$f(\mu) = \int_0^\mu \left( \int_{\partial D_\tau} |\operatorname{grad}_M \rho|^{-1} S_r dA \right) d\tau.$$

Since

$$f'(\mu) = \int_{\partial D_\mu} |\operatorname{grad}_M \rho|^{-1} S_r dA = \frac{1}{s_c(\mu)} \varphi(\mu) \geq \frac{\phi(\mu_0)}{s_c(\mu_0)} e^{-\alpha\mu},$$

then for  $\mu > \mu_0$ ,

$$f(\mu) \geq \int_{\mu_0}^\mu \frac{\phi(\mu_0)}{s_c(\mu_0)} e^{-\alpha\tau} d\tau. \quad \square$$

**COROLLARY 2.9.** *Let  $\mathcal{Q}_c^{n+1}$  be a Riemannian manifold with constant sectional curvature  $c \leq 0$  and let  $M^n$  be a complete noncompact properly immersed hypersurface of  $\mathcal{Q}_c^{n+1}$ . Assume that  $S_r \geq 0$ ,  $S_r \not\equiv 0$  and  $S_{r+1} \equiv 0$  for some  $r \leq n-1$ . Then  $\int_M S_r dM = \infty$ .*

*Proof.* Since the immersion is proper, we have  $\partial(M \cap \overline{B}_\mu(q))$  is nonempty for all  $\mu > \mu_0$ . By using Proposition 2.4, since  $S_{r+1} = 0$ , we have that  $P_r$  is semidefinite. Now, the condition  $S_r \geq 0$  implies that  $P_r$  is positive semidefinite. Therefore, using Theorem 2.8, with  $\alpha = 0$ , for all  $\mu > \mu_0$ ,

$$\int_{\overline{B}_\mu \cap M} S_r dM \geq \int_{\mu_0}^\mu C e^{-\alpha\tau} d\tau = C(\mu - \mu_0).$$

Then

$$\int_M S_r dM = \infty. \quad \square$$

REMARK 2.10. When  $r$  is odd, the condition  $S_r \geq 0$  can be obtained by choosing the right orientation.

The condition of semi-positiveness of  $P_2$  is satisfied when  $M$  is a hypersurface immersed in  $\mathbb{R}^{n+1}$  with  $S_3 = 0$  (which is called 2-minimal) and  $S_2 > 0$ . In fact, in this case  $P_2$  is positive definite, since  $L_2$  is elliptic (see Proposition 2.2). So we have

COROLLARY 2.11. *Let  $M^n$  be a complete 2-minimal noncompact properly immersed hypersurface of  $\mathbb{R}^{n+1}$  with nonnegative scalar curvature. Then either the scalar curvature is zero or the total scalar curvature is infinite.*

REMARK 2.12. When  $n = 3$  the corollary can be proved by using Theorem III in [13] without the assumption that the immersion is proper. In this case,  $M^n$  has to be a cylinder and the conclusion of the above corollary follows immediately.

REMARK 2.13. The condition of semi-positiveness of  $P_r$  is also satisfied when  $M$  is a hypersurface in  $\mathbb{R}^{n+1}$  with nonnegative sectional or positive Ricci curvature,  $\text{Ric}_M > 0$ . Indeed when  $\text{Ric}_M > 0$ , for each point in  $M$ , the principal curvatures can be arranged as  $\lambda_1 \leq \lambda_2 \leq \dots \leq \lambda_i < 0 < \lambda_{i+1} \leq \dots \leq \lambda_n$ . The positivity of the Ricci curvature implies

$$\text{Ric}_M(e_j) = \lambda_j \left( \sum_{k \neq j} \lambda_k \right) > 0 \quad \forall j = 1, \dots, n.$$

If  $i \in \{1, \dots, n - 1\}$ , it follows from the above equation that

$$(2.13) \quad \sum_{k \neq j} \lambda_k < 0, \quad \text{when } j \leq i,$$

and

$$(2.14) \quad \sum_{k \neq j} \lambda_k > 0, \quad \text{when } j > i.$$

From (2.13), we have for  $j_1 \leq i$ ,

$$\sum_{k \neq j_1} \lambda_k = \left( \sum_{k=1}^i \lambda_k - \lambda_{j_1} \right) + \sum_{k=i+1}^n \lambda_k < 0.$$

Thus

$$-\sum_{k=1}^i \lambda_k > \sum_{k=1}^i \lambda_k + \lambda_{j_1} > \sum_{k=i+1}^n \lambda_k.$$

On the other hand, using (2.14), for  $j_2 > i$ , we find

$$\sum_{k \neq j_2} \lambda_k = \left( \sum_{k=1}^i \lambda_k - \lambda_{j_2} \right) + \sum_{k=i+1}^n \lambda_k > 0,$$

hence

$$-\sum_{k=1}^i \lambda_k < \sum_{k=1}^i \lambda_k + \lambda_{j_1} < \sum_{k=i+1}^n \lambda_k,$$

which is a contradiction. Thus, all  $\lambda_i$  has the same sign (we are indebted to F. Fontenele for this observation). So we can choose an orientation such that  $P_r$  is positive definite and  $S_r > 0$ .

Thus we have the following consequence.

**COROLLARY 2.14.** *Let  $M^n$  be a complete noncompact properly immersed hypersurface of  $\mathbb{R}^{n+1}$  with positive Ricci curvature. Assume that there exists a positive constant  $\alpha$  such that*

$$(r + 1)|S_{r+1}| \leq (n - r)\alpha S_r$$

for some  $r \leq n - 1$ . Then, for any  $q \in M$  and any  $\mu_0 > 0$ , there exists a positive constant  $C$  depending on  $\mu_0, Q$  and  $M$  such that

$$\int_{\overline{B}_\mu(q) \cap M} S_r dM \geq \int_{\mu_0}^\mu C e^{-\alpha\tau} d\tau,$$

where  $\overline{B}_\mu(q)$  is the geodesic ball in  $\mathbb{R}^{n+1}$  centered at  $q$ .

The following is a direct consequence of Theorem 2.8 and Proposition 2.3.

**COROLLARY 2.15.** *Let  $M^n$  be a complete noncompact properly immersed hypersurface of  $\mathcal{Q}_c^{n+1}$ . Assume that  $S_r$  is positive and there exists a positive constant  $\alpha$  such that*

$$(r + 1)|S_{r+1}| \leq (n - r)\alpha S_r$$

for some  $r \leq n - 1$ . If there exists a point such that all principal curvatures are nonnegative, then, for any  $q \in M$  and any  $\mu_0 > 0$ , there exists a positive constant  $C$  depending on  $\mu_0, q$  and  $M$  such that

$$\int_{\overline{B}_\mu(q) \cap M} S_r dM \geq \int_{\mu_0}^\mu C e^{-\alpha\tau} d\tau,$$

where  $\overline{B}_\mu(q)$  is the geodesic ball in  $\mathcal{Q}_c^{n+1}$  centered at  $q$ . For the case  $c > 0$ , we assume  $\mu \leq \frac{\pi}{2\sqrt{c}}$ .

### 3. Volume estimates in general manifolds

In this section we consider  $N^{n+p}$  a Riemannian manifold with sectional curvature bounded from above by a constant  $c$ . Let  $M^n$  be a submanifold isometrically immersed in  $N = N^{n+p}$ .

Let  $F : N \rightarrow \mathbb{R}$  be a  $C^2$  function and denote  $f : M \rightarrow \mathbb{R}$  the function induced by  $F$  by restriction. Essentially, following the steps involved in the proof of Lemma 2.5, we obtain

$$\Delta f = \sum_{i=1}^n \text{Hess}_N F(e_i, e_i) + n \langle \text{grad}_N F, \mathbf{H} \rangle,$$

where  $\{e_1, e_2, \dots, e_n\}$  is an orthonormal frame along  $M$  and  $\mathbf{H}$  is the mean curvature vector. Similar to Proposition 2.7, we have

**PROPOSITION 3.1.** *Let  $N$  be a Riemannian manifold with sectional curvature bounded from above by a constant  $c$  and  $M^n$  an immersed connected submanifold of  $N$ . We denote by  $\bar{\rho}(x)$  the distance in  $N$  between  $x$  and  $Q \in N^{n+p}$  and  $\rho(x)$  the induced function of  $\bar{\rho}$  by restriction. Then*

$$(3.1) \quad \int_{\partial D} s_c(\rho(x)) \langle \text{grad}_M \rho, \nu \rangle dA \geq n \int_D (s'_c(\rho(x)) - |\mathbf{H}| s_c(\rho(x))) dM,$$

where  $q = x(p)$ ,  $D \subset M$  is a bounded domain with nonempty boundary  $\partial D$  and  $D \cap C_N(Q) = \emptyset$ , where  $C_N(Q)$  is the cut locus of the point  $Q$  in  $N$ , and  $\nu$  is the conormal vector along  $\partial D$ .

*Proof.* Let  $V = s_c(\bar{\rho}) \text{grad}_N \bar{\rho}$  and  $V^\top$  the orthogonal projection of  $V$  into the tangent space of  $M$ . Then we have  $V^\top = s_c(\rho) \text{grad}_M \rho$ , where  $\rho(x)$  is the induced function of  $\bar{\rho}$  to  $M$  by restriction. Thus, Lemma 2.5 of [14], p. 713, implies, when  $\bar{\rho} < \text{inj}_N(Q)$ ,

$$(3.2) \quad \text{Hess}_N F(X, X) \geq s'_c(\bar{\rho}) \langle X, X \rangle.$$

Then

$$\langle \bar{\nabla}_{e_i} V, e_i \rangle \geq s'_c(\bar{\rho})$$

for all  $\bar{\rho}$  when  $c \leq 0$ , and  $\rho \leq \frac{\pi}{\sqrt{c}}$ , when  $c > 0$ . We find that

$$\Delta(\theta_c(\rho(x))) \geq n[s'_c(\rho) - s_c(\rho)|\mathbf{H}|].$$

Integrating this inequality and applying Stokes' formula, we get

$$\int_{\partial D} s_c \langle (\text{grad}_N \bar{\rho})^\top, \nu \rangle dA \geq n \int_D [s'_c(\rho(x)) - s_c(\rho(x))|\mathbf{H}|] dM,$$

and the proposition follows.  $\square$

Similar to Proposition 2.7, the above result is valid in a more general setting, such as extrinsic geodesic balls. Using this fact, we arrive at

**THEOREM 3.2.** *Let  $M$  be a Riemannian manifold isometrically immersed in a geodesic ball  $\overline{B}(O, \rho_0) \subset N^{n+p}$  with codimension  $p$ . Assume that the sectional curvature of  $N$  in  $\overline{B}(O, \rho_0)$  is bounded from above by  $c$  and moreover that there exists a positive constant  $\alpha$  such that*

$$|\mathbf{H}| \leq \alpha.$$

Then

$$\text{vol}(B_\mu(q)) \geq n\omega_n \int_0^\mu s_c(t)^{n-1} e^{-n\alpha s} dt,$$

where  $\omega_n$  is the volume of the unit ball in  $\mathbb{R}^n$  and  $B_\mu(q)$  is the intrinsic geodesic ball in  $M$  with center  $q \in M$  and radius  $\mu < \text{inj}_N(q)$ .

*Proof.* By taking  $D = B_\tau(q)$  in Proposition 3.1, we obtain

$$\langle \text{grad}_M \rho, \nu \rangle \leq |\text{grad}_M \rho|.$$

Thus,

$$\begin{aligned} (3.3) \quad & \int_{\partial B_\tau(q)} \frac{s_c(\rho(x))}{n} |\text{grad}_M \rho| dA \\ & \geq \int_{B_\tau(q)} (s'_c(\rho(x)) - \alpha s_c(\rho(x))) dM \\ & = \int_0^\mu \int_{\partial B_\tau(q)} \frac{s'_c(\rho(x)) - \alpha s_c(\rho(x))}{s_c(\rho(x))} s_c(\rho(x)) |\text{grad}_M \rho|^{-1} dA d\tau, \end{aligned}$$

where we have used the co-area formula (see [3], p. 80). Since the intrinsic distance is not less than the extrinsic one and

$$\left( \frac{s'_c}{s_c} \right)' \leq 0,$$

then

$$\begin{aligned} (3.4) \quad & \frac{1}{n} \int_{\partial B_\mu(q)} s_c(\rho(x)) |\text{grad}_M \rho| dA \\ & \geq \int_0^\mu \frac{s'_c(\tau) - \alpha s_c(\tau)}{s_c(\tau)} \int_{\partial B_\tau(q)} s_c(\rho(x)) |\text{grad}_M \rho|^{-1} dA d\tau. \end{aligned}$$

Now we define

$$\varphi(\tau) = \int_{\partial B_\tau(q)} s_c(\rho(x)) |\text{grad}_M \rho|^{-1} dA.$$

Equation (3.4) implies that

$$\frac{1}{n} \varphi(\mu) \geq \int_0^\mu \frac{s'_c(\tau) - \alpha s_c(\tau)}{s_c(\tau)} \varphi(\tau) d\tau.$$

By writing

$$\phi(\mu) = \int_0^\mu \frac{s'_c(\tau) - \alpha s_c(\tau)}{s_c(\tau)} \varphi(\tau) d\tau,$$

we have

$$\phi'(\mu) \geq \frac{n(s'_c(\mu) - \alpha s_c(\mu))}{s_c(\mu)} \phi(\mu).$$

Thus, by integrating from  $\varepsilon > 0$  to  $\mu$ , with  $\mu \leq \min\{\text{inj}_N(q), \frac{\pi}{2\sqrt{c}}\}$  when  $c > 0$ , the above differential inequality arises

$$\frac{1}{n} \ln \frac{\phi(\mu)}{\phi(\varepsilon)} \geq \ln \left( \frac{s_c(\mu)}{\varepsilon} \right) - \alpha(\mu - \varepsilon) = \ln \left[ \left( \frac{s_c(\mu)}{\varepsilon} \right) e^{-\alpha(\mu - \varepsilon)} \right].$$

Hence,

$$(3.5) \quad \frac{\phi(\mu)}{\phi(\varepsilon)} \geq \left[ \left( \frac{s_c(\mu)}{\varepsilon} \right) e^{-\alpha(\mu - \varepsilon)} \right]^n.$$

Observe that by the mean value theorem,

$$\lim_{\varepsilon \rightarrow 0} \frac{\phi(\varepsilon)}{\varepsilon^n} = \omega_n.$$

Then

$$\phi(\mu) \geq \omega_n s_c(\mu)^n e^{-n\alpha\mu}.$$

Now, define

$$f(\mu) = \int_{B_\mu(q)} dM = \text{vol}(B_\mu(q)).$$

Again, by the co-area formula, we can write  $f(\mu)$  as

$$f(\mu) = \int_0^\mu \left( \int_{\partial B_\tau(q)} |\text{grad}_M \rho|^{-1} dA \right) d\tau.$$

Hence

$$f'(\mu) = \int_{\partial B_\mu(q)} |\text{grad}_M \rho|^{-1} dA.$$

This equality together with  $|\text{grad}_M \rho| \leq 1$ , and equation (3.3) imply that

$$\frac{s_c(\mu)}{n} f'(\mu) \geq \int_{\partial B_\mu(q)} \frac{s_c(\rho(x))}{n} |\text{grad}_M \rho| dA \geq \int_0^\mu (s'_c(\tau) - \alpha s_c(\tau)) f'(\tau) d\tau.$$

Since

$$f'(\mu) \geq \frac{\varphi(\mu)}{s_c(\mu)},$$

then

$$f(\mu) \geq \int_0^\mu \omega_n n s_c(\tau)^{n-1} e^{-n\alpha\tau} d\tau,$$

which concludes the proof.  $\square$

The following corollary follows immediately.

COROLLARY 3.3. (i) Let  $M^n$  be an immersed minimal hypersurface of the Euclidean space  $\mathbb{R}^{n+p}$ . Then

$$\text{vol}(B_\mu(q)) \geq \omega_n \mu^n,$$

where  $\omega_n$  is the volume of the unit ball in  $\mathbb{R}^n$  and  $B_\mu(q)$  is the intrinsic geodesic ball in  $M$  centered at  $q \in M$ .

(ii) Let  $M^n$  be an immersed hypersurface of the hyperbolic space  $\mathbb{H}^{n+p}(-1)$ . Assume that there exists a positive constant  $\alpha$  such that

$$|H| \leq \alpha < \frac{n-1}{n}.$$

Then, there exists a constant  $C > 0$  so that, for  $\mu \geq 1$ ,

$$\text{vol}(B_\mu(q)) \geq Ce^{(n-1-n\alpha)\mu},$$

where  $B_\mu(q)$  is the intrinsic geodesic ball in  $M$  with center  $q \in M$ .

### 4. Mean curvature integral

In this section, inspired by a recent work of Topping [18], we prove a type of mean curvature integral estimate for complete submanifold in a Euclidean space  $\mathbb{R}^n$  and we apply it to surfaces in  $\mathbb{R}^n$ .

THEOREM 4.1. Let  $M^m$  be a  $m$ -dimensional complete noncompact Riemannian manifold isometrically immersed in  $\mathbb{R}^n$ . Then there exists a positive constant  $\delta$  depending on  $m$  such that if

$$(4.1) \quad \limsup_{r \rightarrow +\infty} \frac{V(x,r)}{r^m} < \delta,$$

where  $V(x,r)$  denotes the volume of the geodesic ball  $B_r(x)$ , then

$$(4.2) \quad \limsup_{R \rightarrow +\infty} \frac{\int_{B_R(x)} |H|^{m-1} dM}{R} > 0.$$

In particular,  $\int_M |H|^{m-1} dM = +\infty$ .

We need the following lemma of Topping [18].

LEMMA 4.2 ([18], Lemma 1.2). Let  $M^m$  be a  $m$ -dimensional complete Riemannian manifold isometrically immersed in  $\mathbb{R}^n$ . Then a positive constant  $\delta$  depending on  $m$  exists, such that for any  $x \in M$  and  $R > 0$ , at least one of the following statements is true:

- (i)  $\sup_{r \in (0,R]} r^{-\frac{1}{m-1}} [V(x,r)]^{-\frac{m-2}{m-1}} \int_{B(x,r)} |H|^{m-1} dM > \delta,$
- (ii)  $\inf_{r \in (0,R]} \frac{V(x,r)}{r^m} > \delta.$

*Proof of Theorem 4.1.* We can choose  $L$  large enough so that  $V(z, L) \leq \delta L^m$  for all  $z \in M$ . Then, from Lemma 4.2, we have

$$\sup_{r \in (0, L]} r^{-\frac{1}{m-1}} [V(z, r)]^{-\frac{m-2}{m-1}} \int_{B_r(z)} |H|^{m-1} dM > \delta.$$

Since

$$\int_{B_r(z)} |H| dM \leq \left( \int_{B_r(z)} |H|^{m-1} dM \right)^{\frac{1}{m-1}} \cdot (V(z, r))^{\frac{m-2}{m-1}}$$

for any  $z \in M$ , there exists a  $r(z) \in (0, R]$  such that

$$\int_{B_{r(z)}} |H|^{m-1} dM > \delta^{m-1} r(z).$$

Fix a point  $o \in M$ , and let  $\gamma : [0, +\infty) \rightarrow M$  be a ray parametrized by an arclength with  $\gamma(0) = o$ . For any fixed  $R > 0$ ,

$$\gamma([0, R]) \subset \bigcup_{t \in [0, R]} B_{r(\gamma(t))}(\gamma(t)).$$

From a covering argument used in Theorem 1.1 of [18], we can find an at most countable sequence  $t_1, t_2, \dots, t_q, \dots \in [0, R]$  such that  $\sum_i r(\gamma(t_i)) \geq \frac{1}{4}R$ . Thus, when  $i \neq j$ ,

$$B_{r(\gamma(t_i))}(\gamma(t_i)) \cap B_{r(\gamma(t_j))}(\gamma(t_j)) = \emptyset.$$

Then

$$\begin{aligned} \int_{B_{2R}(o)} |H|^{m-1} dM &\geq \sum_i \int_{B_{r(\gamma(t_i))}(\gamma(t_i))} |H|^{m-1} dM \\ &\geq \delta^{m-1} \sum_i r(\gamma(t_i)) \\ &\geq \delta^{m-1} \frac{1}{4}R. \end{aligned}$$

And the result is proved.  $\square$

For complete surfaces in  $\mathbb{R}^n$  that satisfy the Gauss–Bonnet relation, we obtain the following result.

**COROLLARY 4.3.** *Let  $\delta$  be as in Theorem 4.1. If  $M$  is a complete noncompact surface in  $\mathbb{R}^n$  satisfying*

$$(4.3) \quad 2\pi\chi(M) - \int_M K dM < 2\delta,$$

where  $\chi(M)$  is the Euler characteristic of  $M$ , then

$$\int_M |H| dM = +\infty.$$

*Proof.* From Theorem A of Shiohama [17], for any  $q \in M$ , we find that

$$\lim_{r \rightarrow \infty} \frac{2V(B_r(q))}{r^2} = 2\pi\chi(M) - \int_M K dM.$$

It should be noted here that there is a misprint in the denominator of this expression in Shiohama's paper. So,

$$\lim_{r \rightarrow \infty} \frac{V(B_r(q))}{\pi r^2} < \delta.$$

Thus, Theorem 4.1 implies the result.  $\square$

REMARK 4.4. The flat plane embedded in  $\mathbb{R}^n$  shows that the condition (4.3) is necessary.

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